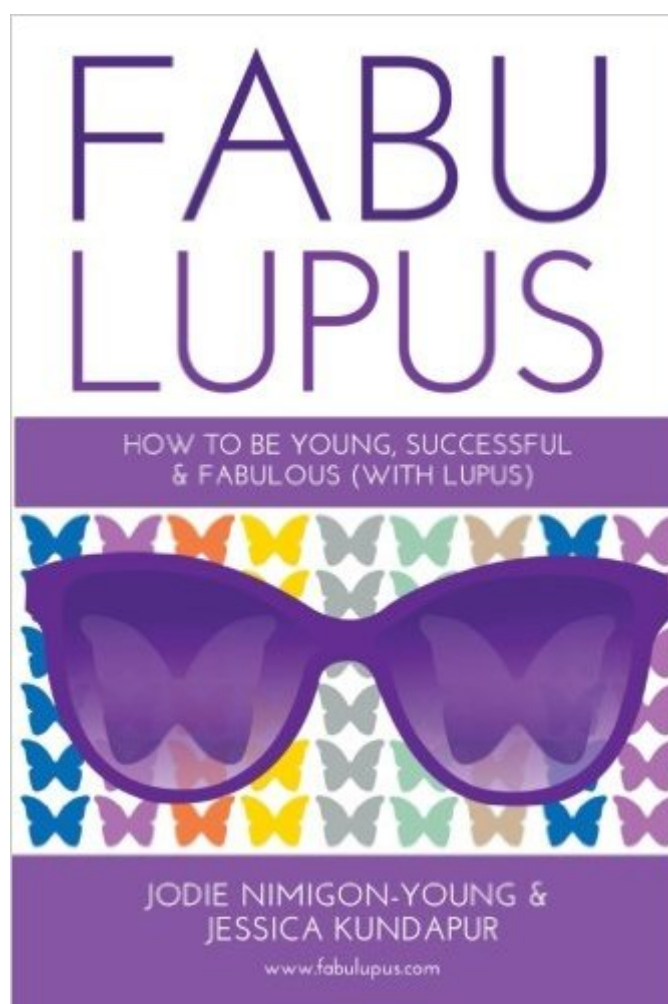


The book was found

Fabulupus: How To Be Young, Successful And Fabulous (with Lupus)



Synopsis

Can you be a young person with lupus and still be successful and fabulous? Yes! Fabulupus helps you navigate your complicated life as a youth with lupus and shows you how to live your life to the fullest. Authors Jodie and Jessica were diagnosed with lupus when they were 13 and 26 respectively. They know what you're going through and they know the challenges that you may face. They also know that you can accomplish your goals and have an amazing life. Unlike other books about lupus, this book focuses on the life stuff and was written for young people with lupus by young people with lupus. Using their personal experiences, Jodie and Jessica provide the tips and tricks that helped them to survive, succeed and be fabulous (with lupus). www.fabulupus.com

Book Information

Paperback: 184 pages

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Language: English

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ISBN-13: 978-0993849404

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 11.8 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars See all reviews (5 customer reviews)

Best Sellers Rank: #505,541 in Books (See Top 100 in Books) #13 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Lupus #28 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Rheumatic Diseases #215 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Immune Systems

Customer Reviews

An excellent and encouraging book - for anyone who is meeting the challenges of Lupus, as well as those who know someone facing these challenges. 'Fabulupus' is written in a conversational, friendly and caring style and is full of practical information and sound advice.

Wow! Thank you Jodie and Jessica for this amazing resource. Having been diagnosed recently, this was the perfect place to start in my journey to learn about the positive side of searching for ways to cope within myself. I definitely recommend this to anyone who needs some positivity in their journey, as well as loved ones (my boyfriend can't put it down!).

This is a great book that is super relatable to me as a young 20 something. I love it and refer to it often. 5 stars

Thanks

Another book giving excuses for not living a full life. With the right diet and exercise you CAN do everything.

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